



Education and Culture DG

Lifelong Learning Programme

France – “Level 2 - BPJEPS” - Learning outcomes

Dressage riding

<i>knowledge</i> <i>The BPJEPS has to have knowledge about...</i>	<i>skills</i> <i>The BPJEPS has to be able to...</i>	<i>competences</i> <i>The BPJEPS is able to bear the responsibility for ...</i>
Know the following technical difficulties <ul style="list-style-type: none"> • Walk : Medium walk, extended walk, 5m half circle hips-in • Trot : Working trot, medium trot, Simple lateral work, 10m and 20m circle, shoulder-in • Canter : Working canter, medium canter, 20m circle, Simple lateral work, 10m half circle, 20m half circle counter canter, Simple change Rein back (4-5 steps) 	Work and maintain a trained horse in basic classic dressage movements (lateral work, rein-back, counter-canter, Present the work of a horse on the flat including the Dressage test described in the left column (bridle or double bridle, with spurs and whip in option) After the test, there is an discussion with the jury for analysing the test and the work of the horse	Impulsion, attitude and balance Quality of the preparation and the realization of the movements and the precision of the test Position and seat of the rider Correction and efficiency in the use of the aids Choice and improvement of the movements after the test
	Make the gymnastics of a horse by the hand Train and prepare a school horse Estimate the level of training of a horse with the aim of its use by the riders	
Clarify the different techniques	Clarify the work of the horse during the test	Estimate the qualities and the difficulties of a horse with regard to its use by the riders



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Show jumping

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<p>Know the technical difficulties on 1.05m high test :</p> <p>10 fences with one double and several lines with some contracts of strides</p> <p>The course is 400 to 450 m long and the speed is 350 m/min</p> <p>6 fences 1m high (+/- 5cm) et 1,10m large and 4 fences 1,05 m high</p>	<p>Work and maintain a trained horse in work, from a basic jump to a course up to 1.05m with a double</p> <p>Present the work of a horse on fences including the show jumping test</p> <p>After the test, there is an discussion with the jury for analysing the course and the work of the horse</p>	<p>Correction of the speed, balance, curves</p> <p>Balance of the horse & rider in front of the fences and contracts of strides during the course</p> <p>Balance of the rider during the course on the flat and the fences</p> <p>Correctness in the use of the horse</p> <p>Correctness in the use of the aids</p>



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Cross country riding

<i>knowledge</i> <i>The BPJEPS has to have knowledge about...</i>	<i>skills</i> <i>The BPJEPS has to be able to...</i>	<i>competences</i> <i>The BPJEPS is able to bear the responsibility for ...</i>
<p>Know the technical difficulties on the level Amateur 2 (France) 2000-2200 long, 10-12 fences including 3 doubles, 1m high Speed : 450 m/min</p>	<p>Work and maintain a trained horse and start basic work over a novice cross-country course and work up to a course of 1.05m Present the work of a horse on outside fences including the cross-country test After the test, there is an discussion with the jury for analysing the course and the work of the horse</p>	<p>Correction of the speed, balance, curves Balance of the horse & rider in front of the fences Balance of the rider during the course on the flat and the fences Correctness in the use of the horse Correctness in the use of the aids</p>



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Young horses

<i>knowledge</i> <i>The BPJEPS has to have knowledge about...</i>	<i>skills</i> <i>The BPJEPS has to be able to...</i>	<i>competences</i> <i>The BPJEPS is able to bear the responsibility for ...</i>
	Work with a young horse in basic classic dressage movements, in basic jump, and in basic work over a novice cross-country course Make the gymnastics of a horse by the hand Train and prepare a school horse Estimate the level of training of a horse with the aim of its use by the riders	Prepare the horses in the respect for their welfare



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Teaching

<i>knowledge</i> <i>The BPJEPS has to have knowledge about...</i>	<i>skills</i> <i>The BPJEPS has to be able to...</i>	<i>competences</i> <i>The BPJEPS is able to bear the responsibility for ...</i>
Communicate in different situations of professional life Express the basic knowledge in communication (relations teacher / pupil, dynamics of a group of pupils) applied to the equestrian activities	Communicate orally with some people Lead individual or collective lessons up to the level of a basic dressage test, to develop the control of the horse over a course of 1.05m, to develop the control of the horse on a cross-country up to 1m	Welcome the different public
Know the different public Express the basic knowledge in sociology and psychology applied to the equestrian activities	Analyse the different public in their environment Adapt his attitude and his action according to the public	Take into account the characteristics of the public to prepare an educational action Identify the characteristics of the public (age, sex, social and cultural characteristics) Spot the expectations and the motivations of the public
	Choose steps adapted to the various public (including handicapped person)	Select modes of relation adapted to the public Take into account the particular needs of different public Look after the physical and moral integrity of the public
Supervise a group within the framework of an action of equestrian animation	Present the purposes and the aims of the action to the public Present the progress of the action Propose situations of animation to develop the autonomy of the riders Set in charge of the public in difficulties	Lead an action of animation with a group of riders Look after the respect for the horses and the rules Assure the safety of the riders and of the teacher Use an approach adapted to the concerned public



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	<p>Adapt the session to the behaviour of the riders</p> <p>Estimate the differences between the forecast of the action and its realization</p> <p>Present the stakes of the equestrian activities and in the protection of the horse</p> <p>Propose situations of animation facilitating the ethological approach</p>	<p>Adapt his action</p> <p>Adapt the contents of the action according to the noticed differences and the evolutions of the context</p>
<p>Express the knowledge of teaching applied to the equestrian activities (discovery, game...)</p> <p>Express the basic knowledge of the learning applied to the equestrian activities</p>		
<p>Lead an educational action in riding</p>	<p>Introduce the different ways of riding</p> <p>Realize individual or collective situations of learning</p> <p>Estimate the progress of the riders with some observable criteria</p>	<p>Propose objectives adapted to the level and to the motivation of the riders</p> <p>Choose the horses adapted to the riders and to their objectives</p> <p>Realize situations allowing the riders to get more confident</p> <p>Adapt his action according to the results</p>
	<p>Propose individual objectives or teams' objectives adapted to the level and to the motivation of the riders until the first level of competition</p> <p>Estimate the level of one or several riders with some observable criteria</p> <p>Adapt the activity to the motivation and to the progress of the riders</p>	<p>Prepare riders until the first level of competition</p> <p>Take into account the mental and physical aspects of the preparation of the riders</p> <p>Prevent certain behaviours (overwork, doping, brutalities)</p>
	<p>Estimate the progress of the riders</p> <p>Estimate the satisfaction of the riders</p> <p>Explain his technical and educational choices</p>	<p>Estimate his action</p> <p>Adapt the situations of learning according to the results</p>