



Education and Culture DG

Lifelong Learning Programme

France – “Level 3 – DES JEPS” - Learning outcomes

Dressage riding

<i>knowledge</i> <i>The DESJEPS has to have knowledge about...</i>	<i>skills</i> <i>The DESJEPS has to be able to...</i>	<i>competences</i> <i>The DESJEPS is able to bear the responsibility for ...</i>
Manage a system of training in a discipline	Manage the training in the discipline	Help the rider towards the optimisation of the performance Supervise the rider within the competition Analyse the behaviour of the rider during the competition Manage the relations with the media
Know the technical difficulties on the level Pro 2 Grand Prix (France) <ul style="list-style-type: none"> • Walk : Collected and extended walk • Trot : Collected and extended trot, 8m circle, shoulder-in, half- pass • Canter : Collected and extended canter Half-pass, Flying changes, Pirouette Rein back (5 steps) 	Present the work of a horse on the flat including the Dressage test + discussion with the jury	



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Show jumping

<i>knowledge</i> <i>The DESJEPS has to have knowledge about...</i>	<i>skills</i> <i>The DESJEPS has to be able to...</i>	<i>competences</i> <i>The DESJEPS is able to bear the responsibility for ...</i>
Manage a system of training in a discipline	Manage the training in the discipline	Help the rider towards the optimisation of the performance Supervise the rider within the competition Analyse the behaviour of the rider during the competition Manage the relations with the media
Know the technical difficulties on a Grand Prix 1.40m Course with 3 doubles or triple Speed : 350m/min	Present the work of a horse on fences including the show jumping test + discussion with the jury	



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Cross country riding

<i>knowledge</i> <i>The DESJEPS has to have knowledge about...</i>	<i>skills</i> <i>The DESJEPS has to be able to...</i>	<i>competences</i> <i>The DESJEPS is able to bear the responsibility for ...</i>
Manage a system of training in a discipline	Manage the training in the discipline	Help the rider towards the optimisation of the performance Supervise the rider within the competition Analyse the behaviour of the rider during the competition Manage the relations with the media
Know the technical difficulties on the level Pro1 Grand Prix (France) 3000-3400m, 550 m/min, 30 fences, 115m high	Present the work of a horse on outside fences including the cross-country test + discussion with the jury	



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Young horses

knowledge

The DESJEPS has to have knowledge about...

skills

The DESJEPS has to be able to...

competences

The DESJEPS is able to bear the responsibility for ...



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Teaching

<i>knowledge</i> <i>The DESJEPS has to have knowledge about...</i>	<i>skills</i> <i>The DESJEPS has to be able to...</i>	<i>competences</i> <i>The DESJEPS is able to bear the responsibility for ...</i>
Imagine and conceive a plan of performance	Analyse the factors of the performance Define the objectives of performance in short, average and long terms Organize the exchanges of practice with a technical team	Manage a system of training in a discipline Define the politics for the detection of the young riders
	Organize the coherence between the different steps of the preparation of the performance	Plan the preparation of the performance Define the axes of the physical and mental preparation of the riders
	Formalize the results of the performance Analyse the differences between the results and the initial objectives	Lead the evaluation of the project of the performance
Conceive training courses and actions adapted to the needs of the professionals	Coordinate the new training courses Participate into the professional exchanges within trainers Evaluate training actions or courses	
Supervise sport in safety	Estimate the risks of practising the different disciplines Estimate his own capacities to make a technical demonstration Clarify the different elements of a technical demonstration	Realize in safety the technical demonstrations
	Estimate the risks of the activity for the riders Anticipate the risks Express the behaviour to realize in case of incident or accident	Realize the professional movements necessary for the safety of the riders