



ESCOLA NACIONAL  
DE EQUITAÇÃO

# YOUNG HORSES (DESBASTE)



STARUM

04/05OUT10



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# TO BREAK A HORSE?



**DESBASTE:**  
THINNING, PARING OR PRUNING?




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# TO BREAK A HORSE



1948

# STARTING UP

- Domestication - the first contact with man
- Handling: the headcollar familiarity and walk the horse 
- The first contact with the bridle
- Lungeing with an assistant
- The first contact with the girth, and lungeing
- The first contact with the saddle, and lungeing
- Lungeing with the saddle and stirrups

# STARTING UP

- Using side reins
- Adaptation to the riders weight and mounting – confidence
- Lungeing with the rider
- Conducting to both hands, at the indoor arena, without the lunge
- The country work with the help of a “godmother”

# STARTING UP

**It has the aim to:**

- **To develop on the horse the essential confidence on man,**
- **Prepare the horse to support the riders weight,**
- **Teach the horse the elementary aids,**
- **To be able to conduct the horse on the three movements,**
- **To give the horse the proper physical condition to support regular work.**

# STARTING UP

**The purpose:**

**To enable the horse to start the specific teaching on the discipline he is meant to do (Show Jumping, Dressage, Cross Country, Driving, Tourism, etc), in terms of physical condition and understanding of the natural aids.**

# The School of Mafra

## The “Starting Up” Subdivision

- Take care of young horses and mares in pasture
- Teach all young horses bred in Mafra or got-up by the Army
- Recover injured horses
- Re-teach horses

**Specialized riders**



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# LEVEL 1

## Initiation to the “Starting Up”

- Notions of “Starting Up”
- Experiment the teaching stages on an experienced horse (calm)





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## LEVEL 2

Initiation to the “Starting Up”

Each student gets a young horse to teach, with the permanent tutorship of an experienced rider.



# The most important:

It's the most important learning stage of a horse;

The horse must never return to the stable exhausted;

The rider on the lunge is as important, or even more important than the one who rides;

The voice is the aid that helps the horse understand the other aids – must use it as much as possible;

All horses are different...



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THANK YOU